

Season 2011/12 World Cups III & IV

The GB Short Track world cup season continued in a successful fashion with some encouraging results in Japan and China and once again our Physiotherapist Mike was supporting them all the way.

Whilst some of you may have been following mike on twitter @advance_physio in Japan, the internet restrictions in China meant updates were impossible until we returned to the UK on the 12th December.

Nagoya Japan - 03rd-04th December 2011.

Whilst there were some encouraging performances from many skaters the only medal from the event came from Elise Christie winning a silver medal in the 1000m. She is pictured here with Yui Sakai (Japan - Gold) and Katherine Reutter (USA - Bronze). This is Elise's second individual medal of the world cup season.



Shanghai China, 10-11th December 2011



Our next world cup in China resulted in further positive results and even more medals! A British record from Jon Eley (pictured left with Mike) in the 500m (41.054) gave him a silver medal and the boys relay team achieved the second fastest time of the season from any County en route to the A-Final where they picked up a bronze medal. (Pictured below)

The athletes are now back in the UK where training will continue in Nottingham over the Christmas Period

as they prepare for the European Championships in the Czech Republic.



6 Medals from 4 world cups is a great achievement for the team. Well Done GB Short Track.